

YEAR 4 PSHE SPRING TERM					
HEALTH EDUCATION					
1	2	3 FAMILIES AND PEOPLE WHO CARE FOR ME	4 FAMILIES AND PEOPLE WHO CARE FOR ME	5 HEALTH & PREVENTION	6 HEALTH & PREVENTION
To understand what we spend money on	To understand ways to save and the benefits of saving	Learn about and practise kindness and coping skills and why they are important in first aid	Learn about kindness and helping others Learn how to care for yourself and others Feel able to help someone who needs first aid	Learn about kindness and helping others Learn about coping skills Learn how to care for yourself and others Feel able to help someone who needs first aid	To explain how to keep safe around water
RELATIONSHIPS EDUCATION					
7 ONLINE RELATIONSHIPS/ BEING SAFE	8 BEING SAFE	9	10	11 RESPECTFUL RELATIONSHIPS	12 RESPECTFUL RELATIONSHIPS
To explain how to keep safe around water	To understand that not everything online is trustworthy	To make decisions on what they trust online using agreed criteria	To understand how images are manipulated online.	To understand how stereotypes can label people	To understand how stereotypes can label people