

## Coronavirus Update

On Wednesday, the Prime Minister announced that it would not be possible to open schools immediately after the February half term and instead hopes that it will be safe to start re-opening schools from the 8<sup>th</sup> of March. This is dependent on key factors, including level of infection rates, hospital admissions and rates of vaccination amongst priority groups. **Schools and parents will be given two weeks' notice so we will keep you updated accordingly.** Please continue to follow the lockdown rules so that we can hopefully re-open as soon it is safe to do so.



## Holocaust Memorial Day

This week we lit candles to remember those who lost their lives in the Holocaust. Brecknock marked Holocaust Memorial Day in assembly, remembering those whose human rights were denied at the hands of others. We also learnt about the importance of being **the light in the darkness** during difficult times. The children took part in lessons about valuing difference and standing up to discrimination in all its forms. **In KS1 we celebrated how different we are and remembered people who we care for and can't see due to the current restrictions.**



## Daily Mile Challenge

Well-done to everyone who took part this week in the Daily Mile Challenge! **We are thrilled to announce that Brecknock is the winning school this week!** It was a very close result with Brecknock's winning total of a **whopping 672 Miles just 3 miles ahead of Torriano.** Yet again the **super fit 5B** won the highest total of miles across both schools. A big well done to our parents who ran, walked and danced more miles than the staff! See the **full results on page 7 of this newsletter.** To help us improve our fitness levels, the Arsenal Stars programme will be providing live PE lessons to KS2 from next week!



## Express yourself!

Next week we celebrate **Children's Mental Health Awareness Week 2021.** We kick off on Monday with a special **National Assembly with BAFTA Kids and CBBC presenters,** promoting good mental health for all. Everyday next week, the children will take part in well-being lessons promoting gratitude, resilience, kindness and creativity – all important for our well-being. There will also be some really fun and thoughtful activities for the whole family to use and enjoy.



## Online Learning

On Wednesday, **Camden inspectors and officers visited classes in Brecknock and Torriano online schools, to help them learn about remote learning.** They were very impressed with the children's engagement, learning behaviours and achievements. We had some wonderful feedback about the quality of teaching and online provision at Brecknock. **Huge thanks to the staff and children who took part – that includes parents too!**

**We are very aware that many families still require devices. The school has purchased more devices for home use.** These have just arrived and will be sent out to identified families on Monday.



Queens Crescent Community Association (QCCA) are currently running a laptop and WiFi project to help vulnerable young people and families with online schooling. They have Chromebooks available for families who do not currently have access to laptops or if you currently only have one laptop which you are having to share between multiple children. QCCA also have Wi-Fi dongles with unlimited data available for young people if they are having to hotspot from your 4G or don't have a strong internet connection.

QCCA do require a £40 deposit per laptop and £20 per WiFi dongle which you will get back in full once the laptop has been returned. QCCA lend the devices on a 30 day loan to make sure they can fairly provide for as many families as possible. If you do require the devices for longer please let QCCA know a few days before and they can extend the loan for an additional 30 days.

You can call them on 0207 267 663 or email them at [info@qcca.org.uk](mailto:info@qcca.org.uk)

**Queenswood Engagement**, a contractor working on an important infrastructure project has kindly **donated funds that allow us to purchase 5 new laptops** . This will enable more of our pupils to participate in online learning from home and help reduce the impact of the current lockdown on their education. **Thank you to Queenswood Engagement!** It will make a significant difference to those pupils.

**Thank you for completing the online survey regarding remote learning. Your feedback has been very informative and useful.** We have also been talking to parents through welfare checks and call back requests. **We have considered the common themes in the feedback and are making changes accordingly.** We cannot meet all individual requests, as you will understand, there are differing experiences and views regarding online learning.

The overwhelming majority of parents feel that the **balance of live teaching and learning tasks away from the screen are the most effective strategies to help their children.** **We hope compiled a FAQ resource** that we hopefully provide some helpful guidance. This can be found with some of the general survey results from page 14 of this newsletter!



I am very proud of the children, staff and parents for their commitment to this challenging endeavour as we continue to be engaged in online learning into March. **We are all looking forward to brighter, safer days and a return to school.**

Have a safe weekend,

Helen Bruckdorfer

Thursday 11th February 2021  
Last day of Spring 1st Half Term

Friday 12th February 2021  
INSET Day - school closed

Monday 15th - Friday 19th  
February 2021

Half Term - school closed for  
**all children** as usual.

Monday 22nd February 2021  
First Day back for those children in  
school

A huge thank you to David Simmons,  
who served as Chair of Finance at  
Brecknock for many years. He has  
kindly donated £1,000 to support our  
magic breakfast programme.



## Wellbeing Tip of the Week -

### Find The Lesson

This whole crisis can seem depressing,  
frustrating and emotionally draining. One way to  
work through it is to focus on the potential  
positive outcomes and the things we can learn  
from our experience. What have you learnt  
about yourself and how you cope in stressful  
situations? What might you do differently if  
faced with a difficult situation in the future?  
What changes can you make in your day-to-day  
life to prepare you to cope better and build your  
resilience? For example, practising self-  
regulation exercises e.g. deep breathing  
(**breathe in for 5 seconds and out for 7 seconds**)  
or letting go of the things outside of  
your control.



## Sign Of The Week:

Here is a new section, which show a  
new Makaton sign each week.

Today over 100,000 children and  
adults use Makaton symbols and  
signs, as either their main  
method of communication or as a  
way to support speech.



Sign of the week  
**Snow**





This week Nursery have been super busy!

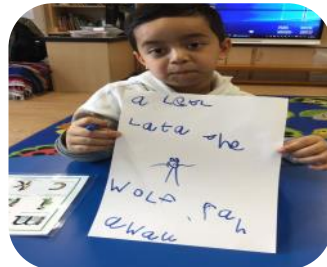
The number monster came and took their number cards away, so they had to go on a hunt to find them around their homes.

We have also started to learn some of our letter sounds this week and have even been practising forming our letter sounds correctly in lots of different ways - even writing in chocolate powder! Some of us have even had a go at writing some simple words.



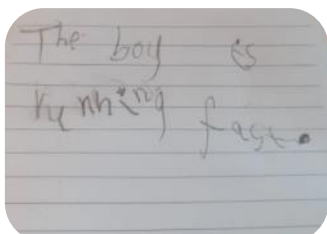
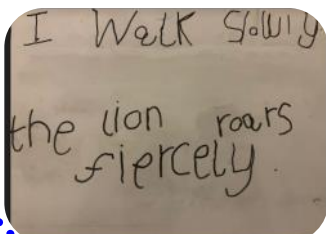
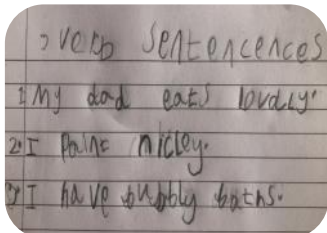
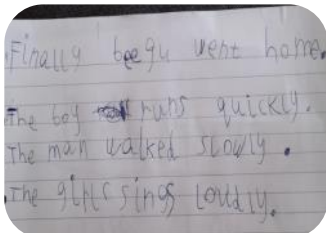
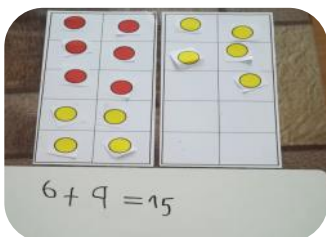
This week Reception have been learning about objects that are heavy and light.

They went on a scavenger hunt to find as many objects as they could and then sorted them into hoops. In literacy they learnt all about 'Little Red Riding Hood' and retold the story to their friends by using Pie Corbett story actions. They then used their phonics skills to rewrite the beginning, middle and ending of the story.



Year 1

Year 1 have been working hard on their maths this week, using tens frames, counters and adding beyond 10. They also started reading a book called 'The Darkest Day'. They used verbs and adverbs to describe what is happening in the pictures.



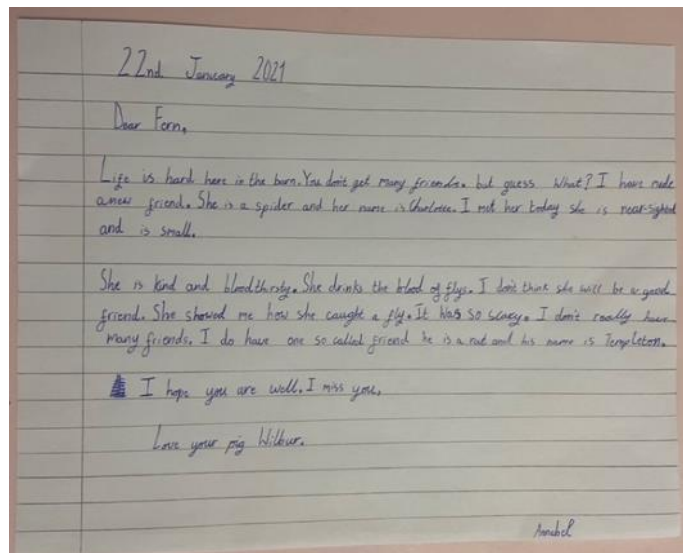
Year 2

Fawzia in Year 2 showed some fantastic computer skills this week, when showing different ways of dividing by 10.

Picture representation:	Repeated addition:				
	$5 + 5 = 10$				
<div style="border: 1px dashed black; padding: 10px;"> <p>Take 10 cubes.</p> <p>How many towers of 5 can you make?</p> <p>You can make <u>2</u> towers of 5.</p> <p><u>2</u> towers of 5 is the same as 10.</p> <p>10 is the same as <u>2</u> towers of 5.</p> </div>	<table border="1"> <tr> <td colspan="2">10</td> </tr> <tr> <td>5</td> <td>5</td> </tr> </table>	10		5	5
10					
5	5				
<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">2</div> <div style="display: flex; flex-direction: column; align-items: center;"> <div>5</div> <div style="display: flex; gap: 5px;"> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> </div> </div> </div>	<p>Calculations:</p> $\frac{10}{2} = 5$ $5 \times 2 = 10$				

Year 3

Annabel submitted this brilliant piece to her teacher this week.



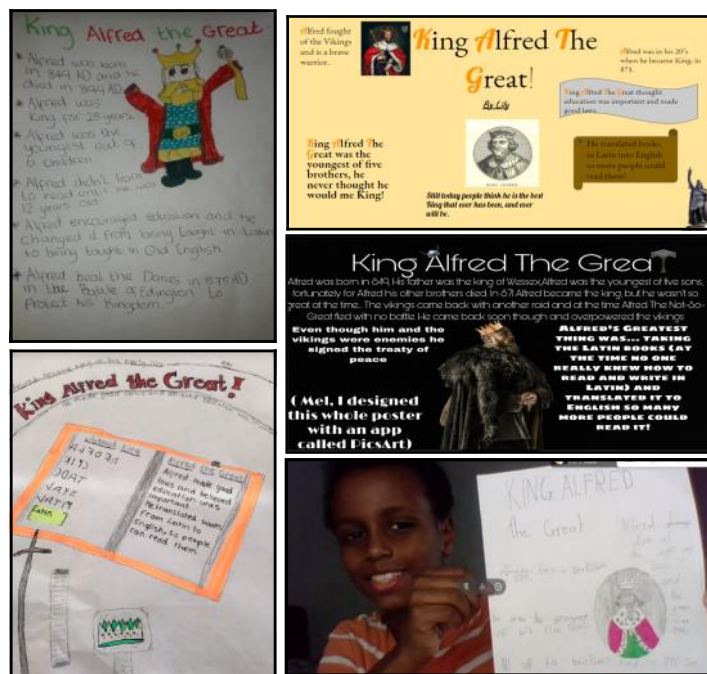
Year 4

In English this week, they have been building up their poetry skills to help write a poem on the eruption of Vesuvius in 79AD. Using onomatopoeias and other various words, they collated suggestions on Jamboard.



Year 5

This half term, Year 5 have been busy learning about the Anglo-Saxons. This week they focused on King Alfred The Great, the only British monarch with the title of 'Great'. But why was he so great? These posters might help explain why.



Year 6

Year 6 have been learning about Anglo-Saxons. Children designed and made outfits that they might have worn. Later in the week, they also learnt about Pablo Picasso and recreated some of his works.



★ Here are our stars of the week! ★





Fantastic effort from both schools, Brecknock and Torriano. We had over 250 entries and we ran over 1300 miles this week! Congratulations to Brecknock for having 138 participants joining the Daily Mile Challenge and ran a total of 672 miles.

Well done to 5B Brecknock for being the winning class this week with 131 miles and 24 participants.



## DAILY MILE CHALLENGE WEEK 2



669 MILES

126 PARTICIPANTS





672 MILES

138 PARTICIPANTS



## DAILY MILE CHALLENGE WEEK 2

### ADULTS

SCHOOL STAFF



TORRIANO STAFF 89 MILES

PARENTS/CARERS



TORRIANO PARENTS 100 MILES

## DAILY MILE CHALLENGE WEEK 2

### WINNING CLASS

MILES

5B 131 MILES

PARTICIPANTS

5B 24 PARTICIPANTS



Class ranking		
Rank	Class	Miles
1 <sup>st</sup>	5B	131 miles
2 <sup>nd</sup>	6Y	122 miles
3 <sup>rd</sup>	5Y	102 miles
4 <sup>th</sup>	Parents	67 miles
5 <sup>th</sup>	3B	50 miles
6 <sup>th</sup>	4B	46 miles
7 <sup>th</sup>	3Y	42 miles
8 <sup>th</sup>	1B	31 miles
9 <sup>th</sup>	2B	31 miles
10 <sup>th</sup>	Staff	28 miles
11 <sup>th</sup>	4Y	22 miles
12 <sup>th</sup>	6B	0 miles
13 <sup>th</sup>	2Y	0 miles
14 <sup>th</sup>	1Y	0 miles

Class ranking		
Rank	Class	Participants
1 <sup>st</sup>	5B	24 participants
2 <sup>nd</sup>	6Y	23 participants
3 <sup>rd</sup>	5Y	21 participants
4 <sup>th</sup>	Parents	12 participants
5 <sup>th</sup>	1B	12 participants
6 <sup>th</sup>	4B	10 participants
7 <sup>th</sup>	3B	10 participants
8 <sup>th</sup>	3Y	9 participants
9 <sup>th</sup>	4Y	7 participants
10 <sup>th</sup>	2B	5 participants
11 <sup>th</sup>	Staff	5 participants
12 <sup>th</sup>	6B	0 participants
13 <sup>th</sup>	2Y	0 participants
14 <sup>th</sup>	1Y	0 participants

## Brecknock Primary School

would like you to join their channel on Parent Hub.

Just tap "Add a School" in the app and enter the handle below...

@Brecknock

The Parent Hub app is FREE to download and use.



### What is Parent Hub?



Parent Hub is a FREE app that helps keep you up to date with what's going on at school. You'll receive messages, pictures, documents and newsletters, all in one handy place.

### Instructions for Parents



1. Download the Parent Hub app from your app store (iPhone or Android).
2. Create yourself an account.
3. Choose "Add a School" and enter the school handle (above).

Visit [www.parenthub.co.uk](http://www.parenthub.co.uk) to find out more

We are at a steady 82% coverage on the Parent Hub app. We would love to get to 100%, as we send out all our communications through Parent Hub. If you yourself hasn't signed up or if you know of a parent friend in school, who hasn't signed up yet to this free app, please do so or spread the word to do so.

**[Download the App now for FREE!](#)**

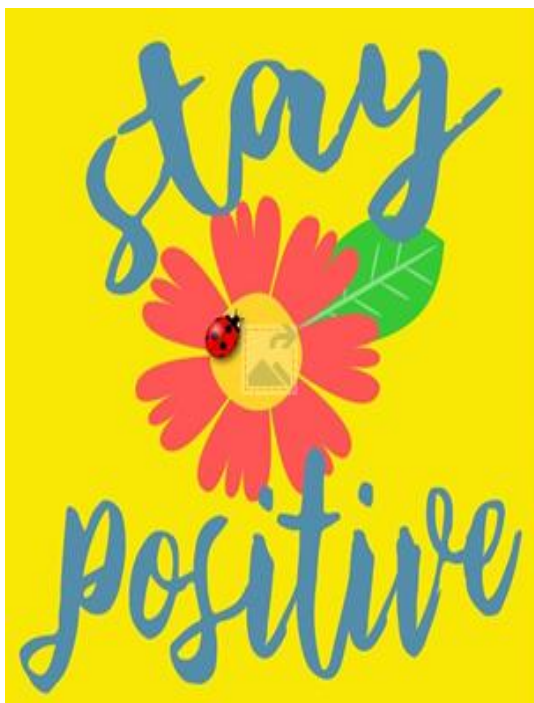
Please remember to sign up for all your children in school. Both parents in a household can also sign up, so that no one misses out on important information.

PLEASE NOTE SOME PARENTS HAVE DOWNLOADED THE APP AND SUBSCRIBED TO THE BRECKNOCK CHANNEL, BUT HAVEN'T LINKED THEIR ACCOUNT TO THEIR SCHOOL CHILDREN.

You can check your account by clicking on the SCHOOLS tab at the bottom of the app screen and there you should have all your Brecknock children listed.

If they aren't or a child is missing, please email Lindsey at [admin@brecknock.camden.sch.uk](mailto:admin@brecknock.camden.sch.uk), who can help you resolve this matter.

# Positive Support



*There is no*  
SUCH THING AS  
A PERFECT PARENT.

WE ARE ALL JUST DOING  
OUR BEST.

**HEY YOU!**

**YEAH, YOU. THE EXHAUSTED PARENT.**

**FEELING LIKE THERE IS NOTHING YOU'D LIKE  
MORE THAN TO NOT HAVE TO ADULT TODAY?**

**THERE'S SOMETHING YOU NEED TO HEAR:**

**YOU ARE DOING  
A GREAT JOB.**

**(JUST THOUGHT YOU SHOULD KNOW.)**

We Are  For You



**The climate crisis affects us all. Every week we will be offering a suggestion for a positive climate action you can take yourselves, as part of the bigger changes we need to make as a global community.**

**Action 7: Save energy at home by:**

- Only boiling the amount of water you need in the kettle
  - Turning your thermostat down by 1-2°C
- Turning off appliances rather than leaving them on standby
- Ensuring lights are switched off when you leave the room



Saving energy helps to reduce carbon emissions and therefore reduces global warming. It will also save you money on your electricity and gas bills. For more ideas on reducing your home energy consumption check out <https://energysavingtrust.org.uk/energy-saving-budget/>



**Gingerbread**  
Single parents, equal families

# Single parents, **connect!**

A Gingerbread friendship group for single parent families meets regularly near you, currently on zoom due to the pandemic.

Get in touch and make new friends!

Your nearest group is Finsbury Park Gingerbread

**Please contact Thea Jaffe at [finsbury.gingerbread@gmail.com](mailto:finsbury.gingerbread@gmail.com)**

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# Boloh

## Black, Asian and Minority Ethnic family Covid-19 Helpline

Supporting information for **parents**

### About Boloh Helpline

Boloh Helpline is a service launched on the 1st October by Barnardo's with funding from the National Emergencies Trust. The Helpline is a response to the impact of the pandemic on Black, Asian and minority ethnic communities who have been disproportionately affected.

Helpline staff are either Black, Asian and Minority Ethnic community, or have prior professional experience of delivering services to children, young people and their families from these communities.

**Have you been affected by Coronavirus?**

**We are here to help.**


**Call the**

**Boloh**

**helpline for free support for you and your family**

Lines are open between Monday and Friday 1pm – 8pm on

**0800 1512 605**

Or talk to us on our webchat by visiting [helpline.barnardos.org.uk](https://helpline.barnardos.org.uk) and click on the icon on the bottom right 



**Believe in children**  
**Barnardo's**

**Believe in children**  
 **Barnardo's**


# Boloh

## The Black, Asian and Minority Ethnic family Covid-19 Helpline

Have you or your family been affected by the pandemic and need someone to talk to?

You can contact one of our specialist support advisors for free between Monday and Friday 1pm – 8pm on

**0800 1512 605**

Or talk to us on our webchat by visiting [helpline.barnardos.org.uk](https://helpline.barnardos.org.uk) and click on the icon on the bottom right 

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Our Vision is to see Black, Asian and Minority Ethnic children and young people develop their inner strength to respond to the challenges of the pandemic and beyond. We would very much like to work with you to achieve this vision, so please talk to us if you need support by making contact via:

Free phone: **0800 151 2605**

Email: [Boloh.helpline@barnardos.org.uk](mailto:Boloh.helpline@barnardos.org.uk)

Website: [helpline.barnardos.org.uk/](https://helpline.barnardos.org.uk/)

**Believe in children**  
 **Barnardo's**

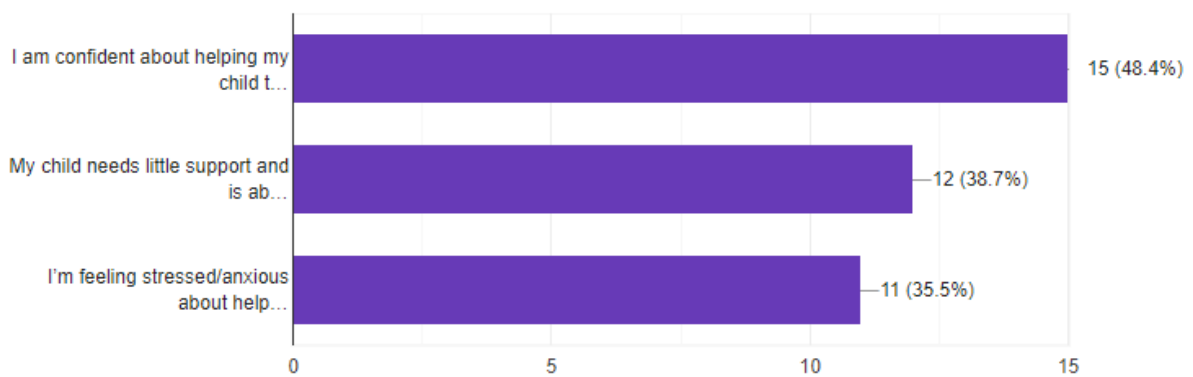
Barnardo's Registered Charity Nos. 218250 and SC037605 22088shc20

## Parent Survey Results.

**87% of families who responded to the survey indicated they have access to a device and the internet.** Please see the **FAQs** below if you are experiencing problems around technology.

**84% of parents feel online live teaching sessions** are helping children to learn and **71% of parents** feel that **verbal feedback during these sessions** supports children to make progress. Activities away from the screen and celebration of children's work were the next most important ways to help children learn.

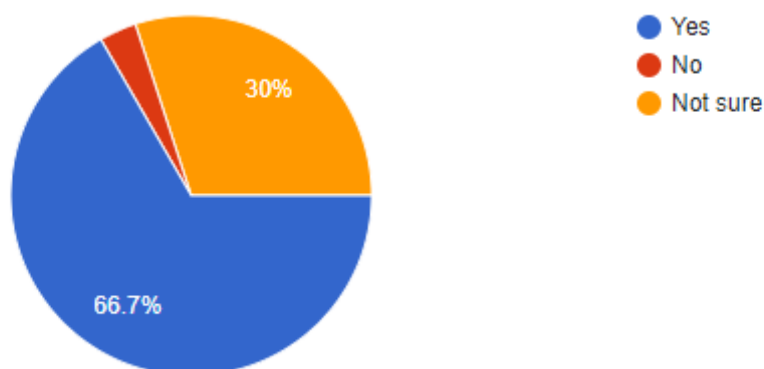
**48% of parents feel confident to help their children while 39% of parents say their children** need little support to access their learning. 36% are feeling stressed / anxious about helping their children.



52% of families feel their children are coping well working at home, with 49% feeling their children were finding it challenging. Next week is **Children's Mental Health Week**, so we will be working with all children to support them in working at home.



**67% of parents think their children stay safe online.** 30% of parents are not sure if children know how to stay safe online. 3% of recipients do not think their child knows how to stay safe online. We will be addressing their online safety with **Safer Internet Day on Tuesday 9th February.**



**81% of families feel children are receiving the correct amount of work online.** 10% feel there is too much work and 10% feel there is not enough work. We are working individually with children to gauge their learning needs and requirements at home, and phoning families regularly. Please contact us if you have an issue.



### FAQs Online Learning

#### Managing school work

**Does my child have to complete every piece of work set by their teacher?**

We would like children to try to complete daily work. **However, we understand the challenges of home learning and know that this may not always be possible.** Children will be encouraged to keep on top of handing in work.

### **Does my child need to join every live lesson?**

Logging into live lessons and participation is important to support children's learning continuity. However if your child is unwell, or having a challenging day in terms of their wellbeing, it is absolutely fine for you to provide a different activity. **Please prioritise English and Maths live lessons, Phonics or Maths in EYFS.** The lessons slides and activities are always available on the Google Classroom or Tapestry if you want to catch up at a later date. **We do record attendance and will contact you if we have any concerns.**

### **Can my child have a break away from the screen if they are finding it too much?**

Absolutely! Teachers are working hard to ensure a balance between on screen learning and screen free learning. However, if your child is in need of a break during online lessons that is fine.

### **Can the school provide paper packs for learning?**

We will provide paper packs that support the online teaching; these are not standalone sheets. Class teachers are contacting their classes when packs are ready to be collected. Teachers are not able to print out work from Google Classroom or Tapestry for individual family needs. **If we have not been able to provide you with technology yet, there are stand alone work packs to collect from the school office.**

### **Who do I speak to if I have IT problems?**

If the class teacher is online and it is not urgent, you might be able to speak to them at the end of a lesson. If you are having a tricky time logging in, please email the school at [admin@brecknock.camden.sch.uk](mailto:admin@brecknock.camden.sch.uk) and a member of staff will contact you at the earliest opportunity.

### **What if my child misses a lesson?**

Don't panic. Children will sometimes miss a lesson for a whole host of reasons. **The work will still be accessible for your child.** All lesson slides and activities are on the Google Classrooms if you need to catch up at a later time.

### **Technical support**

#### **How do I upload work?**

There are a number of ways to upload work onto Google Classroom.

**To turn in an assignment with a document (doc or slide) assigned to your child:**

1. Click the class. Classwork.
2. Click the assignment. ...
3. Click the image with your name to open the assigned file.
4. Enter your work
5. On the document or in Classroom, click Turn in and confirm

### To turn in an item or document (Image/PDF):

1. Click the Class > Classwork > the assignment.
2. Attach the item or document. ...
3. Click Your Work to attach a new document. ...
4. Selects the type of document you want to submit. ...
5. Click the file and enter your information. ...
6. Click Turn In and confirm.

### **Do I need to inform the school if my child cannot access online learning for a whole day for any reason?**

Please email [admin@brecknock.camden.sch.uk](mailto:admin@brecknock.camden.sch.uk) to inform us of an **absence from online lessons for a day**, due to illness or personal circumstances.

### **What if my technology doesn't work?**

If your device belongs to you, this will have to be something you sort for yourself. However, if this means your child can not access online learning because your personal device is being repaired, please contact the school and we can add you to the list of families requiring a device. We can then give you a temporary loan of a school device as soon as one becomes available.

If the device belongs to the school, please email us with the issues you are having. We will then contact you, and depending on what we think is wrong with the device, potentially ask you to drop it back to school so we can ask Camden IT services to repair it.

If your home internet connection is not working, we can provide a SIM card to allow you to access the internet. Please contact the school if you need this service.

### **Mental health and wellbeing**

#### **What can I do if I am worried about my child's mental health?**

Supporting your child's mental health and wellbeing is very important and there are many ways in which you can do this. Spending time together outdoors, talking, baking or creating together and keeping to familiar routines are all good advice. Next week we will introduce the ***Brecknock Ten*** which gives daily mindfulness practices which your child will learn at school and which you can also use at home.

You can find further support on these websites:

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/>

<https://youngminds.org.uk/find-help/for-parents/supporting-your-child-during-the-coronavirus-pandemic/>

### **How can I ensure my child is staying safe online?**

All children have lessons around staying safe online as part of our PSHE curriculum, and teachers constantly reinforce safe online practices. It is important that all parents remain up to date and informed about your child's online safety and are monitoring their online activity and interactions. We would also encourage parents to explore the daily tasks set by teachers if possible so you can best support your child's online learning.

For further information and help please see these links:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.saferinternetday.org/resources>

<https://www.thinkuknow.co.uk/parents/>

We will be addressing their online safety with **Safer Internet Day** on **Tuesday 9th February**.

### **Can we organise online social time for children?**

We cannot facilitate daily chat sessions for the children due to safeguarding implications. Online social interactions need to be organised by families, outside of school hours and not using the school platforms. Throughout the week there are activities to promote communication and socialisation, as well as Tom's collective physical activities.

Offline, any socialising of children must follow the current government rules and guidelines in place during this lockdown.