

Work Out Assembly Daily Mile Challenge

Wow! We all worked hard to keep up with Tom in his fabulous **Fit-ness Assemblies on Wednesday!** We are also off to a tremendous start for the **Daily Mile Challenge**. Children, families and staff have put in an amazing effort this week, totting up a whopping **503 miles** as we chased around the fitness track with Torriano School. Torriano got first place this week with 749. A great effort by both schools.



It was a very tight race between 4B, 5B and 6Y for 1st, 2nd and 3rd place between classes. **Well done 5B for an amazing 134 miles. The winning class in Brecknock and across both schools!**

Finally staff, parents and carers, after an amazing effort of 68 miles Brecknock have been pipped at the post by Torriano by just 3 miles. We can do it next week!

Online learning

Thank you for your support with online learning. We are working hard to ensure that all of our children have a device to access our online school. **More devices have arrived at school and are being distributed to families.** Please remember, **if you have any problems with access to online learning, please contact the school.**

Thank you for of the positive and constructive feedback regarding online learning. The teachers and support staff have professional development weekly, allowing us to consider, grow and adapt our practice, taking your feedback into account. **We understand that online learning has significant demands on you as parents and carers and want to work with to find solutions where possible.**

Please **complete this survey below** so that we can understand further, the success and challenges of online learning. I am incredibly proud of the teams' commitment, innovation and hard work during this period. This applies to the children and families too!

https://docs.google.com/forms/d/1-Kvxfxc1fhyVwP8YXHXjOGynTR3AqNJG1_WtGkMzdBE/edit



Open Minded

The NHS Mental Health Support Team, work with Camden schools to provide mental health and well-being support. They are offering an **online webinar series** for all parents and carers, including 'Parent and Carer self-care during lockdown' and 'Understanding and supporting your child with worries' (**please see attached flier on page 8**).

To support Camden in developing their future offer for children and adults, please complete this anonymous parent wellbeing questionnaire [here](#). We look forward to celebrating **Children's Mental Health Week** in first week of February. We will be inviting children and parents to take part in **online events across the school.**



Have a safe and restful weekend.

Helen Bruckdorfer

Thursday 11th February 2021
Last day of Spring 1st Half Term

Friday 12th February 2021
INSET Day - school closed

Monday 15th - Friday 19th
February 2021
Half Term - school closed

Monday 22nd February 2021
Planned return for all children to
school

After School Clubs:

If you have an interest in
After-School clubs for when
school is back up and running
as normal, please visit:

smartsurvey.co.uk/s/T1AFJ6

Wellbeing Tip of the Week -

Take things one step at a time

It's hard to know how things are going to look in 1 week, 1 month or even 1 year from now. This can be quite daunting to think about and might cause some anxiety. Instead of focusing on this, try a strategy called "chunking" – breaking things down into manageable pieces. If you have a big piece of work you need to get done or a stressful day ahead, try "chunking" your time into bite-sized pieces or make yourself a 'To Do list' so you can tick things off as you go. At the end of your day, you can look back and be proud of all the chunks you managed to achieve.

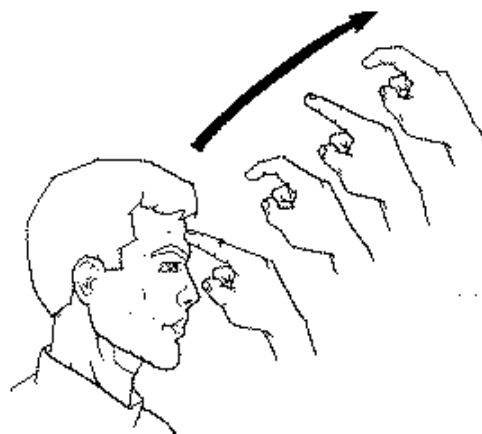


Sign Of The Week:

Here is a new section, which show a
new Makaton sign each week.

Today over 100,000 children and
adults use Makaton symbols and
signs, as either their main
method of communication or as a
way to support speech.

This week's sign is: **DREAM**





This week Nursery are learning about the jungle and animals that live there. They received a letter from the zoologist telling them that the animals had all gone missing. They then had to get dressed up in suitable clothes to go to the jungle in to help find the missing animals. They even created missing posters. We have also been learning about patterns and the children have really enjoyed going on a pattern hunt around their homes.



This week Reception have been learning the story of 'Jack and The Beanstalk'. They incorporated their phonics skills to write and make signs to warn other children away from climbing the beanstalk. In Maths they have been learning about measurements. They looked at vocabulary such as long, longer, longest, short, shorter and shortest. They use Lego, playdough and other household objects to help us.



Year 1

Year 1 have been learning about Martin Luther King and wrote down their own dreams.

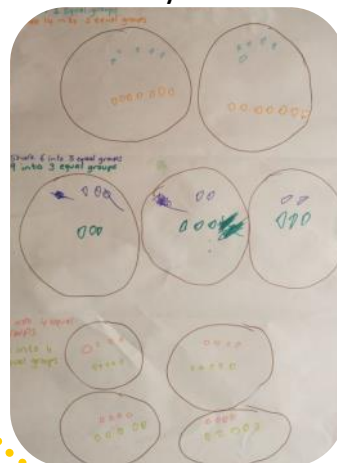
They also made some aliens from things that they could find in their homes.



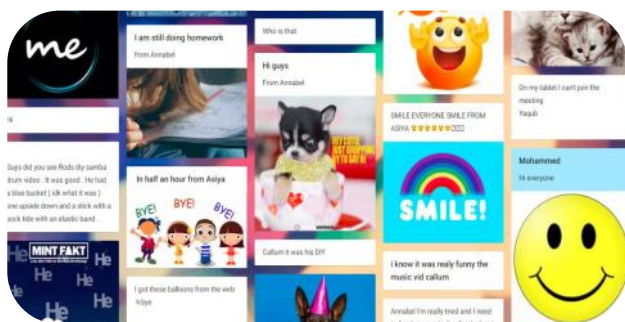
Year 2

Year 2 have been practising their division this week, dividing numbers into equal groups. Here is a fantastic example of some home schooling work.

They have also been continuing their topic in Geography and English, learning about Kenya. During art class this week, the children looked at an Kenyan artist called Waraguru Waithira. The children were asked to use any materials to be expressive and create their own beautiful Kenyan art.



3Y have been busy getting on with home learning. They have been set up a wall where they can share messages, photos, and work.



They have also been reading Charlotte's Web and creating diary entries, as if

Dear Diary,

Today has been great, Wilbur follows me everywhere around the farm. Wilbur is my best friend and it makes me feel overjoyed when he waits for me to get off the bus from school. Wilbur is getting bigger now, so Dad has made a small yard for Wilbur under the apple tree. It has a box and some straw for Wilbur to sleep in and keep warm. I hope Wilbur grows up to be a big, happy pig. I love looking after Wilbur, he is such a good pig.

Fern

Year 4 have been learning more about Ancient Romans. So far they have learnt how Rome was built, what the Roman empire was, how Rome was ruled and have learnt about one of the most famous Romans of all time - Julius Caesar! Did you know he was the first person to have his portrait put onto a coin? Also, he invented the calendar that we still use today!

Wednesday 20th January 2020

Emperor Hall of Fame



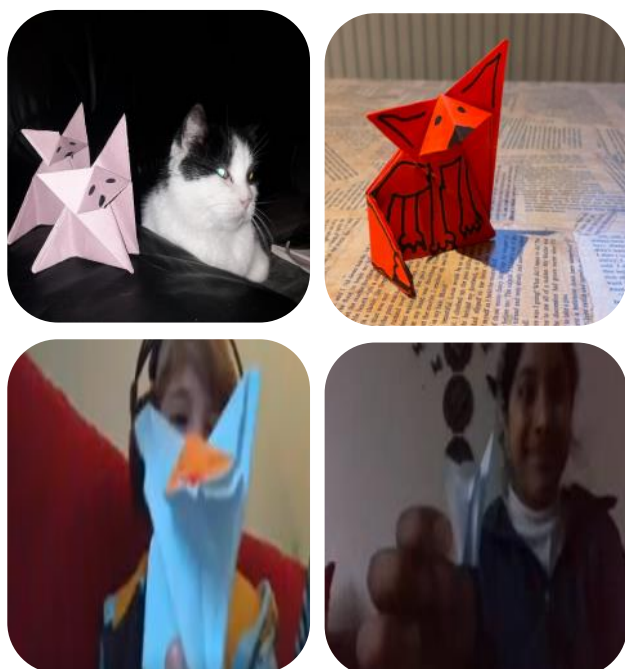
The children were also asked to put key events in chronological order.



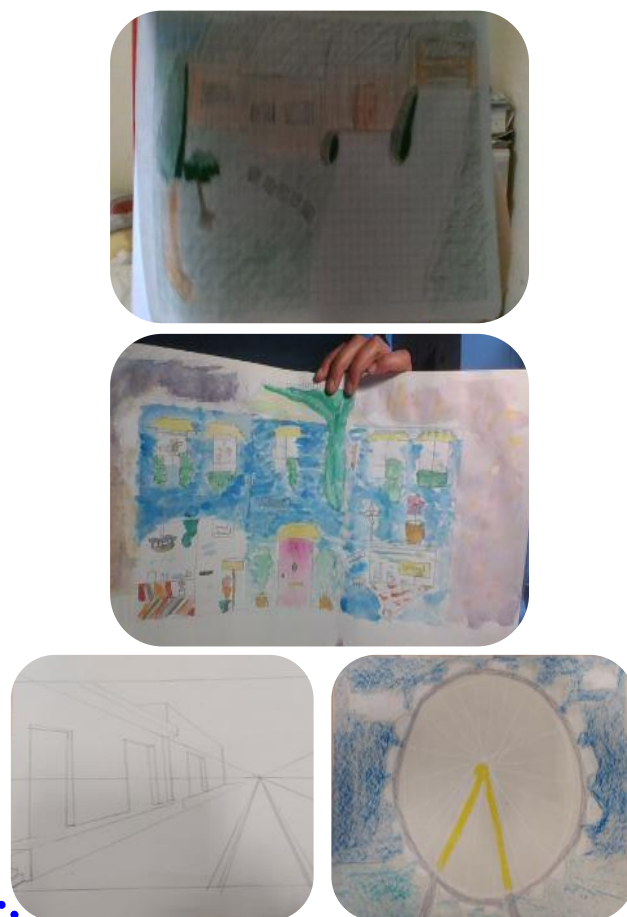
753 BC Building of Rome begins	510 BC Rome becomes a republic	130 BC Conquer Greece and most of Spain	30 BC The death of Cleopatra	30 BC Onwards Romans control Egypt
122 AD Begin building Hadrian's wall	71 AD Romans conquer northern England	61 AD Boudicca's rebellion	AD 43 Romans invade Britain	9 BC / AD Jesus is born
200 AD Barbarians attack the Roman Empire	410 AD Romans rule in Britain ends	455 AD Vandals destroy Rome	235 - 285 AD Over 20 Roman Emperors killed	1453 AD Eastern Empire falls to the Turks

Each week, Year 5 have the opportunity to take a break from the screens and to get creative. This week they were challenged to make an origami fox and they were a huge success!

Keep up the hard work Year 5.



This week Year 6 have been creating fantastic art work at home.



★ Here are our stars of the week! ★





Fantastic effort from both schools, Brecknock and Torriano. We had nearly 300 entries and we ran over 1000 miles this week. Congratulations to Brecknock for having 111 participants joining the Daily Mile Challenge and ran a total of 503 miles.

Well done to 5B Brecknock for being the winning school this week with 134 miles and 28 participants.



Class ranking		
Rank	Class	Miles
1 st	5B	134 miles
2 nd	6Y	97 miles
3 rd	5Y	70 miles
4 th	4B	61 miles
5 th	3B	31 miles
6 th	4Y	28 miles
7 th	2B	27 miles
8 th	6B	20 miles
9 th	Staff	14 miles
10 th	1Y	12 miles
11 th	2Y	7 miles
12 th	Parents	2 miles
13 th	1B	0 miles
14 th	3Y	0 miles

Class ranking		
Rank	Class	Participants
1 st	5B	28 participants
2 nd	6Y	20 participants
3 rd	5Y	70 participants
4 th	4B	15 participants
5 th	4Y	7 participants
6 th	6B	6 participants
7 th	3B	5 participants
8 th	2B	5 participants
9 th	Staff	2 participants
10 th	1Y	2 participants
11 th	2Y	1 participant
12 th	Parents	1 participant
13 th	1B	0 participants
14 th	3Y	0 participants



The climate crisis affects us all. Every week we will be offering a suggestion for a positive climate action you can take yourselves, as part of the bigger changes we need to make as a global community.

Action 7: Repurpose an unwanted item at home or the contents of your bin and turn it into something new!



By repurposing unwanted belongings you are preventing them from going in the bin. Most of our rubbish ends up in landfill which releases methane contributing to global warming. Whilst it is good to recycle our rubbish it still requires energy to turn it into something new. Repurposing in your own home uses much less energy! I wonder what you can make?



The Mental Health Support Team (MHST) is an early intervention service that aims to support children, families and schools across the borough of Camden. We are pleased to be able to offer an online Webinar series for all parents and carers of primary school children in Camden.

The series will include online workshops via Zoom. The five topics covered, scheduled dates and times are:

Topic	Day and Date	Time
Understanding and supporting your child with worries - Option A	Wednesday 27 th Jan 2021	5-6 pm 6-6.20pm -Q&A
Understanding and supporting your child with worries - Option B	Thursday 28 th Jan 2021	12-1 pm 1-1.20 pm -Q&A
Routines	Thursday 4 th Feb 2021	12-1 pm 1-1.20 pm -Q&A
Parent/Carer and Child interactions	Thursday 11 th Feb 2021	12-1 pm 1-1.20 pm -Q&A
Introduction to the Mental Health Support Team: Why Early Intervention Matters	Wednesday 24 th Feb 2021	5-6 pm

Each workshop will last up to 60 minutes and have an optional follow up 20 minutes for further questions for those parents that are interested. You can opt in for all five sessions, or whichever most appeals to you. We offer two options of the same workshop on 'Understanding and supporting your child with worries'. You can either select option A - 12pm on Thursday 28th January 2021 or option B - 5pm on Wednesday 27th Jan 2021, whichever one works better for you.

To find out more information and to register for any of the workshops (for free) please go to the 'Eventbrite' webpage <https://www.eventbrite.co.uk/e/parentcarer-webinar-series-tickets-135509262853>.

We look forward to seeing you!