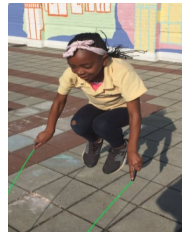
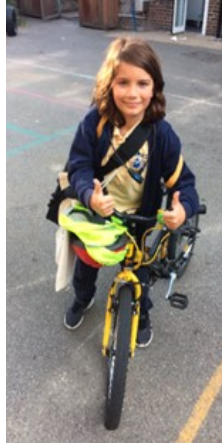


NEWSLETTER

World Health Week

Brecknock has been a very active school this week, championing the right to be healthy! **We have been, scooting, walking and cycling to school and completing our healthy habits diaries.** Year 4 have even been trying out the **Daily Mile** and we all took part in some serious workouts on **National Fitness Day on Wednesday!** The children and staff have also been thinking about their well-being, completing surveys to help us understand better how we feel about returning to school and managing our feelings during the pandemic.

Next week we will focus on what we eat and why a healthy diet is so important during **Healthy Eating Week.**



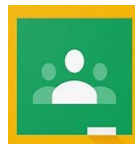
Anti-Racism Working Group

As a Gold Rights Respecting School, promoting equality is one of our key priorities at Brecknock and we believe in **confronting racism in all its forms.** As part of this commitment we are working with Torriano Primary and developing a **school working group.** This group's aims will be to address anti-racism and raise the profile of Black History in the curriculum. We welcome community involvement in this group so if you would like to take part or share your views please use the following link to sign up <https://www.smartsurvey.co.uk/s/AWMAW3/>

To launch **Black History Season** there are many **online events taking place in Camden** and we will be sharing these and our school plans in next week's newsletter.

Google Classroom Launch

As part of our blended learning offer, the school has set up an online platform called **Google Classrooms.** This will enable the children to learn online and access live teaching online from home and in school. **Next week, all children from Year 1 to 6** will be given a login and will start to learn how to access work in their online classroom. We will be sending home parent information too and offering some support with using Google Classrooms. We have introduced a new online learning journal for Nursery and Reception parents called Tapestry.



25th September 2020 | Issue 0033

New COVID-19 Restrictions

The Government has announced new restrictions to curb the rise in coronavirus cases across the country. Please see the attached Camden Coronavirus weekly update for information about the guidance and the **new NHS COVID 19 app.** It is **absolutely essential that we all follow the guidelines.** Please ensure you social distance with each other and with school staff.

We need to work together to keep safe. Please see the letter from Public Health about COVID 19 symptoms.

[You can view the letter here](#) and also attached to this newsletter. There is information about the local walk-in testing centre in Kentish Town on page 3 of this newsletter.

I hope you have a lovely weekend

Helen Bruckdorfer

Calendar

TERM DATES AUTUMN 2020

- **Friday 2nd October**
- Food Bank 3.40pm
- **Tuesday 13th October**
- Individual School Photos
- **Thursday 15th October**
- Flu Immunisations
- **Friday 23rd October**
- INSET/ Teacher Training Day
- **AUTUMN HALF TERM**
- Monday 26th - Friday 30th October
- **Monday 2nd November**
- All children return to school
- **Tuesday 17th November**
- Sibling School Photos (provisionally booked)
- **Friday 18th December**
- END OF TERM

Attendance

The overall whole school attendance for this week was 91%. Considering the current circumstances and seasonal illnesses, this is good, but we can aim for great!

We would like to remind you that **ALL CHILDREN** need to come to school on time as below:

Reception - 9.00am - York Road Entrance
next to the car park.

Year 1 - 8.45am - York Road Entrance
next to the car park

Year 2 - 8.45am - Cliff Villas Entrance

Years 3 & 4 - 9.00am - York Road Entrance

Years 5 & 6 - 8.45am - York Road Entrance

Being on time helps to develop long-term positive habits and helps to build good self-esteem, as it makes them feel good about themselves.

Illnesses

With the changing of the seasons, there will naturally be colds and illnesses going around.

We ask that if your child is ill, to remain at home but you **MUST** call the school office each day your child is off, before 9am.

Please do not Private messages through social media to staff members or stop them in the street or the shop. You must phone the school office directly.

The school number is **0207 485 6334**.

To report an absence please select option1 and please leave a message with your child's full name and class and the full reason that they are off.

Crowdfunder For Laptops

Camden Learning has launched a new [Crowdfunder](#) campaign to raise **money to buy computers and WiFi dongles for pupils who are struggling to access online learning at home during the ongoing COVID-19 crisis**.

Please watch this a fantastic film on [the Crowdfunder page](#), which features local students and head teachers. Over 3000 children in Camden schools **still** don't have access to a computer at home. Each laptop costs £227 and our initial target is £50,000, **but to plug the gap Camden Learning need to raise over £600,000**. Please share this link with people you think might be able to help!

<https://www.crowdfunder.co.uk/end-the-digital-divide-for-camden-pupils>

Parent Hub



Don't forget to sign up and follow us on Parent Hub - a fantastic social media communications system.

Download now the app for **FREE** from the app store or google play.

All our school letters and this newsletter will soon just be sent through Parent Hub and not through Parent Pay (which will be just for making payments).

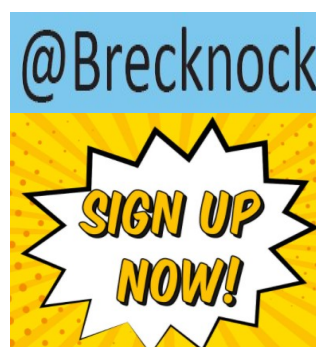
This app is all about staying in touch, in real-time, by allowing parents to see whether their children get to school safely and to check their overall attendance. You will receive instant alerts through your smartphone, keeping you fully engaged in your child's school life.



Communication needs to be ongoing and Parent Hub is efficient and convenient, works beautifully.

We aim to be fully operational within the next couple of weeks, with teachers

We currently have only 54% of you using the app. Without registering for the app, you will miss important information, such as emergency school closures and COVID Notifications.



APP COVERAGE

54%

190 / 354

VIEW

Footwear

Teachers request that children come to school in appropriate footwear for active learning lessons, which are taking place on most days.

Trainers are ideal for active learning.

Please remember to wear socks with trainers!

Sliders, sandals are not suitable school footwear.

Wellington boots are great to wear on wet or snowy days, but then please bring a labelled pair of trainers or shoes to wear the rest of the day.

Thank You

Stars Of The Week!

Here are some of our stars of the week, from last week !



Well Done to everyone who was a Star



World Car Free Day

It was great to so many bikes and scooters being used on Tuesday this week, as well as more of you walking to and from school.
[#worldcarfreeday2020](https://www.worldcarfreeday2020.com/)



Cities around the world took part, from Bogotá to Vienna to Uganda. It was truly a global effort.

Active Travel Challenge



We are calling all of our families to rise to the Active Travel Challenge! Our school has been entered into Camden's Active Travel Challenge.

Children are being asked to walk, scoot or cycle to and from school as much as possible for **2 weeks beginning Monday, the 5th of October until Friday, the 16th of October**, to help win our school some amazing prizes!

1st prize: Active Travel Trophy to be displayed in school for the year. Scoot Fit Experience Session for all pupils
<https://www.scootfit.co.uk/scooter-experience-day>

2nd prize: Schools to receive a fit kit bag including equipment and instruction for over 30 different Activities.

All children will get lots of fun prizes throughout the competition such as: Reward badges and stickers.

For those pupils not able to travel in an active way for the whole journey for whatever reason. The following will also count towards our schools active travel total:

- Parents park 10 mins away from school and walk the remainder to school.
- Parents and children get off of the bus 2 stops early and walk the remainder to school
- Parents and children do some form of exercise for 20 minutes a day (Walk for 10 minutes twice a day, go for a bike ride, play a game of tag in the park, etc)

We are very excited about this campaign for many reasons especially in our current Covid-19 world, the importance of social distancing and avoiding public transport, where possible.

We see this as something we can all do to keep all our students safe and healthy, all the while having great fun! We hope to see lots of you walking, biking or scooting 5th-16th of October!

Flu Vaccine

Flu Mythbusters

Myth #1

"The flu vaccine gives you flu."

FACT!

"The flu vaccine can't give you flu, as it doesn't contain the live virus, so it's completely safe."

Myth #2

"I had the flu vaccine last year so I don't need it again this year."

FACT!

"The flu vaccine can't give you lifelong protection and each year the virus changes, so you need to have it every year to ensure you're protected."

Myth #3

"Getting flu is just like having a heavy cold."

FACT!

"Flu is much worse than having a cold and can leave you bed ridden for a few days. Flu symptoms can come on suddenly and sometimes severely, and include fever, chills, headaches, aching muscles, a cough and sore throat."

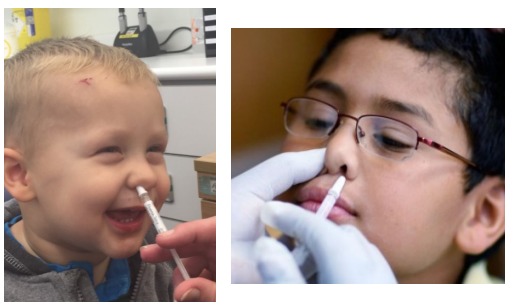
Flu immunisation
On the 15th October Health Professionals will be coming in to administer the flu vaccination.

The vaccination is free and is a quick and simple spray up the nose.
(IT IS NOT AN INJECTION)

Even if your child had it last year, it is recommended to have it again this year.

Please return these forms to the school office by the 2nd October—whether you consent or not.

The spray will be offered to Reception to year 6 children only.



5

Reasons to
vaccinate your
child against flu.

1. Protect your child
2. Protect you, your friends and family
3. No injection needed
4. It's better than flu
5. Avoid costs

For more info visit:
www.nhs.uk/child-flu

5 reasons to get your child vaccinated

- 1. Protect your child.**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends.**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed.**
The nasal spray is painless and easy to have
- 4. It's better than having flu.**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs.**
If your child gets flu, you may have to take time off work or arrange alternative childcare



Food Bank

We are opening a limited range foodbank on Friday 2nd October.

All Brecknock Families are welcome.

There will be:

- Bagels
- Cereals
- Milk Vouchers
- Baked Beans
- Porridge

It will open at 3.40pm. Please line up with a 2 metre gap from other people, from the Cliff Villas main entrance.

We will require you to be patient and follow any instructions given, in order to adhere to social distancing rules.

Keep Clear

No stopping
No excuses

SCHOOL KEEP CLEAR

NO STOPPING OR
PARKING ON SCHOOL
ENTRANCE ZIG-ZAG
MARKINGS



Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
 1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child does not need a test if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:
www.nhs.uk/conditions/coronavirus-covid-19/symptoms/
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.