

Year 4 Homework Matrix

Well Being

Family Games

Silly stories

This is a simple activity where each family member takes it in turns to add one word/sentence to create a silly story. This can be a fun way to get creative and can also help keep your mind off the news.

Silly stories Instructions

- Everyone sits in a circle. The youngest member of the family can begin by saying the first word. As you go round everyone adds the next word, without repeating what has already been said.
- Good starting words are 'suddenly' or 'earlier' to help build suspense and intrigue. What different techniques will you use to make the story funny?
- Continue going round the circle as you try to build the funniest version, the more unexpected the better!
- Why not add costumes and props made from things found around the house to help bring your family story to life.

Family charades

This activity can be a great way for your family to get-together and can also help to reduce anxiety during this time. Take 10 minutes out of the day to make each other laugh simply through actions!

Family charades Instructions

- Divide into pairs or in small groups and sit facing each other.
- Take it in turns to act out a word or phrase to make each other laugh. The aim is to do this without speaking or tickling just through actions and gestures.
- Think of a sketch, a famous character or a funny prank, something everyone will know.
- Race against the clock and try and get as many giggles out of the other person/team as possible.
- You have two minutes for each turn. The person/team with the most amount of laughs wins.

Cooking

Apple monster cookies



Ingredients:

4 x apples
Peanut Butter (or almond butter, Nutella etc)
Chocolate Chips
M&M's
Granola

Method:

1. Have an adult help you core each apple then slice so you are left with round circles with a whole- a bit like a donut!
2. Spread your peanut butter or Nutella on each slice
3. Top with your preferred toppings
4. Share with your family, perfect for an afternoon snack!

Science

Rainbow in a glass:



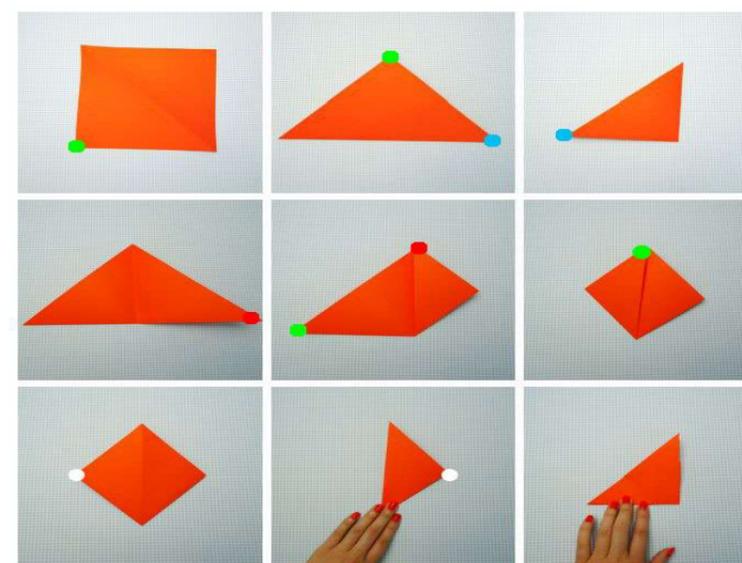
<http://www.sciencefun.org/kidszone/experiments/rainbow-in-a-glass/>

Art

Origami foxes



1. Start with a square piece of paper.
2. Fold it in half diagonally. You'll get a triangle.
3. Fold the triangle in half – as shown on the third image above.
4. Unfold.



5.

Grab the right (or left) corner of the triangle and fold it towards the centre corner.

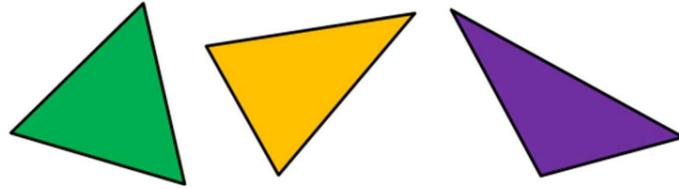
6. Do the same with the left (or right) corner.
7. Flip it around.
8. Fold the square in half as shown in the 7th and 8th image above.
9. Almost there!

Maths

Name That Triangle!

Age 7 to 11 ★

What different types of triangle can you think of?

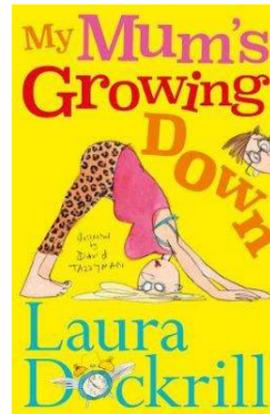


See how many you can name, then click on the buttons below to find out what some other children have said.

Click here to find out: <https://nrich.maths.org/14042>

Reading

Poetry



Read this poem about Mum and write your own poem about someone in your house.

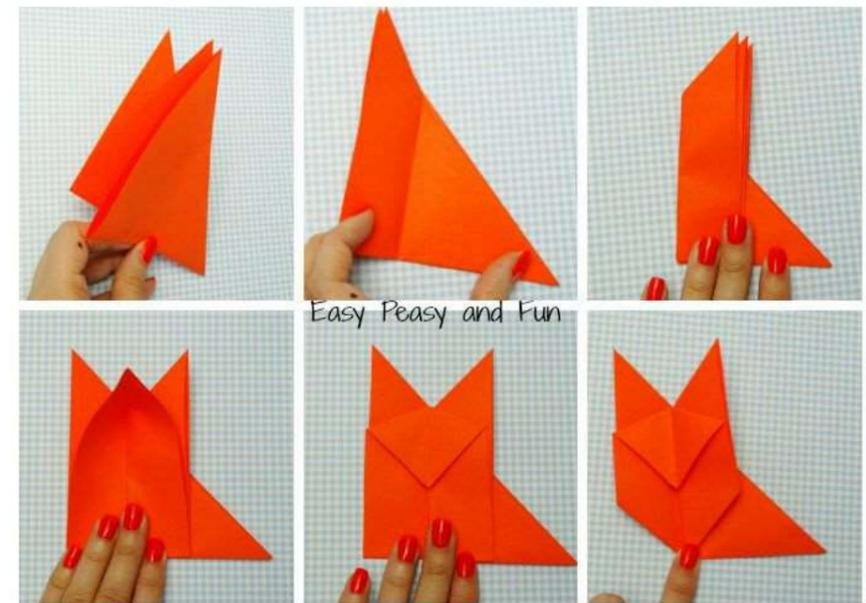
- Start by observing them very closely and listening to everything they say.
- Make notes about anything that stands out, makes you laugh
- Write a free verse poem, this means it doesn't need to rhyme, but choose words that best describe the person and words and phrases that sound good together.

[My Mums Growing Down FINAL opening extract.pdf](#)

Writing



Write a letter to your future self in one year's time. Predict what will be happening in your life and the people in it. What would you like to tell yourself about your experience of lockdown? What were the highs and the lows? What do you want to remind yourself not to forget?



10. Make sure your triangle is positioned as the one in the first photo above – the 6 layers side on facing to the left.
11. & 12. Fold inwards (all layers) as shown on the picture.
13. Unfold the first 3 layers.
14. Push down the middle “two” layers as shown on the picture above – look it's a fox head!
15. You can leave it as it or you can make the fox legs pointy by folding in the legs (diagonally). You can also fold the tail inwards to make the fox more stable.

Want to try some more?

<https://youtu.be/HeDzu90YDgk>