

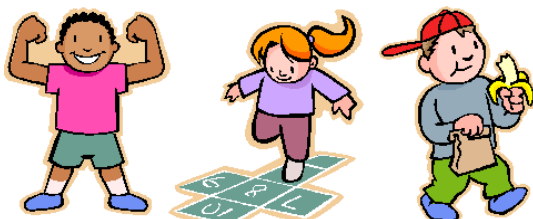
Physical Development

Can you make an obstacle course in your home? Bowl with recycled bottles; play basketball with the washing machine; balance books on your head or see how many socks you can throw into the laundry basket.



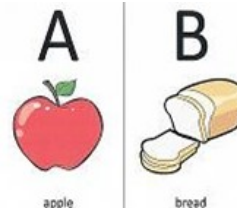
EYFS Home Learning

Week 7: Healthy living



Literacy

Create a food alphabet. A is for apple. B is for banana... C is for? Sound out the sounds!



Check out these fun 'healthy choice' versions of our favourite fairy tales by Steven Smallman:

[Blow your nose, Big Bad Wolf](#)

[Eat your greens, Goldilocks](#)

[Don't pick your nose, Pinocchio](#)

Communication and Language

How about being a chef for the day? Can you make a video explaining what you have made and how you have made it.

Remember your time connectives! (first, next, then, finally)



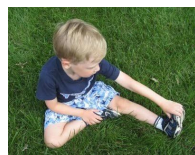
What did you enjoy about being a chef?

How did the food taste? smell? feel?

Why is it important to stay safe in the kitchen?

Maths

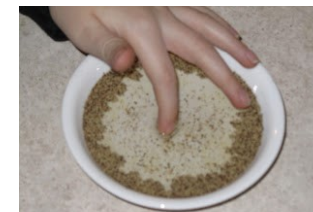
Pick a number card (or numbers written on small pieces of paper), What is the number? Can you do that many star jumps? Hops? Stretches? Throws and catches with your teddy?



Understanding The World

What are germs?

[Have a go at this germ experiment using water, pepper and soap.](#)

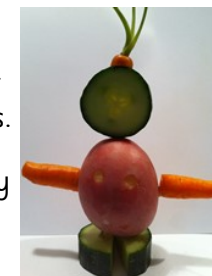


What happened in the experiment?
Why is it important to wash our hands?
How do you wash your hands?

Art & Design

Create a vegetable person using toothpicks and your favourite vegetables.

Can you make up a story about your veggie person? What is its name?



Other fun food art ideas:

